

### Fundamentals of Digital Health Regulation: Successfully Navigating Through FDA

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# Agenda

- Device Classification
- Premarket Pathways
- Working with FDA
- Current Agency Initiatives At a Glance
- Other Considerations
- Case Study/Example

# **Device Classification**

- FDA classifies devices according to risk
- There are specific classification regulations for types of devices
- The classification regulation indicates whether the device is Class I, II, or III
- How do I know how my device is classified?
  - 1. Search the FDA database using terms that describe your product
  - 2. How are your competitors' products classified? Search the FDA databases for your competitor products
  - 3. How are similar products classified?
  - 4. Document the product classification determination in a memo to the regulatory file

## How Do I Know How My Device Is Classified?

	Medical Devices   Databases			ė 🖬
1 to 45 of software	45 results		Results per	page 100 🗸
New Search				
Product Code	Device	\$	Regulation Number	Device Class
PHV	Continuous Glucose Monitor Retrospective Data Analysis Soft	tware	862.2120	1
QBZ	Automated Platform Consisting Of Software And Inst	Pipetting And Diluting System For Clinic	862.2750	1
РТВ	Ataxiagraph With Interpretive Software	Ataxiagraph	882.1030	1
OUM	Adaptometer (Biophotometer), Software-Based Data A	Adaptometer (Biophotometer)	886.1050	1
PJA	Coronary Vascular Physiologic Simulation Software	Coronary Vascular Physiologic Simulation	870.1415	2
PMJ	Cpr Aid Feedback Device (No Software)	Cardiopulmonary Resuscitation (CPR) Aid	870.5210	2
QDA	Electrocardiograph Software For Over-The-Counter Use		870.2345	2
QDB	Photoplethysmograph Analysis Software For Over-The-Count	er Use	870.2790	2
QEK	Angiographic Coronary Vascular Physiologic Simulat	Coronary Vascular Physiologic Simulation	870.1415	2
PZO	Software For Visualization Of Vascular Anatomy And	Picture Archiving And Communications Sys	892.2050	2
PNN	Orthodontic Software	Orthodontic Plastic Bracket	872.5470	2

# Device Classification – Class I Devices

- Subject to general controls
- Most exempt from 510(k) premarket notification

 Many Class I devices exempt from GMP requirements, but not software devices TITLE 21--FOOD AND DRUGS CHAPTER I--FOOD AND DRUG ADMINISTRATION DEPARTMENT OF HEALTH AND HUMAN SERVICES SUBCHAPTER H--MEDICAL DEVICES

PART 880 -- GENERAL HOSPITAL AND PERSONAL USE DEVICES Subpart G--General Hospital and Personal Use Miscellaneous Devices

Sec. 880.6310 Medical device data system.

(a) *Identification*. (1) A medical device data system (MDDS) is a device that is intended to provide one or more of the following uses, without controlling or altering the functions or parameters of any connected medical devices:

(i) The electronic transfer of medical device data;

(ii) The electronic storage of medical device data;

(iii) The electronic conversion of medical device data from one format to another format in accordance with a preset specification; or

(iv) The electronic display of medical device data.

(2) An MDDS may include software, electronic or electrical hardware such as a physical communications medium (including wireless hardware), modems, interfaces, and a

communications protocol. This identification does not include devices intended to be use connection with active patient monitoring.

(b) Classification. Class I (general controls). The device is exempt from the premarket netification procedures in subpart E of part 807 of this chapter, subject to the limitation in 880.9.

[76 FR 8649, Feb. 15, 2011]

### **Device Classification – Example Class I Device**

### New Search [Code of Federal Regulations] [Title 21, Volume 8] [Revised as of April 1, 2019] [CITE: 21CFR882.1030]

Help | More About 21CFR

TITLE 21--FOOD AND DRUGS CHAPTER I--FOOD AND DRUG ADMINISTRATION DEPARTMENT OF HEALTH AND HUMAN SERVICES SUBCHAPTER H--MEDICAL DEVICES

PART 882 -- NEUROLOGICAL DEVICES

Subpart B--Neurological Diagnostic Devices

Sec. 882.1030 Ataxiagraph.

(a) *Identification*. An ataxiagraph is a device used to determine the extent of ataxia (failure of muscular coordination) by measuring the amount of swaying of the body when the patient is <u>standing erect and with eyes closed</u>.

(b) Classification. Class I (general controls).

14 EP 51730, Sept. 4, 1979, as amended at 66 FP 46952, Sept. 10, 2001]

Device	Ataxiagraph With Interpretive Software
Regulation Description	Ataxiagraph.
Definition	Device used to determine the extent of ataxia (failure of muscular coordination) by measuring the amount of swaying of the body when the patient is standing erect and with eyes closed and provides interpretation or clinical implication of the measurement.
Physical State	Sensors applied to the body and software to analyze and interpret the signals.
Technical Method	Sensors applied to the body and software to analyze and interpret the signals.
Target Area	Trunk and extremities
Regulation Medical Specialty	Neurology
Review Panel	Neurology
Product Code	РТВ
Premarket Review	<u>Neurological and Physical Medicine Devices (</u> OHT5) <u>Neurosurgical</u> , Neurointerventional and Neurodiagnostic Devices (DHT5A)
Submission Type	510(k)
Regulation Number	882.1030
Device Class	1
Total Product Life Cycle (TPLC	TPLC Product Code Report
GMP Exempt?	No

## **Device Classification – Class II Devices**

- General controls <u>PLUS</u> special controls
- Special controls can include:
  - Performance standards
  - Special labeling requirements
  - Premarket, postmarket data requirements
  - Guidance documents
- Most Class II devices require 510(k) premarket notification before they may be marketed

### Device Classification – Example Class II Device

Device	Mobile / Tablet Software Application To Control Settings Of Surgical And Endoscopic Camera
Regulation Description	Endescope and accessories.
Definition	Device is intended for wireless control of settings for surgical or endoscopic camera control unit and patient information system.
Physical State	Software only device without any physical part
Technical Method	A software device that runs on a mobile or tablet device and wirelessly connects with compatible surgical or endoscopic camera control unit and patient information system.
Target Area	Surgical sites within articular cavities, body cavities, hollow organs, canals and the thoracic cavity to obtain pictures or videos of these areas.
Regulation Medical Specialty	Gastroenterology/Urology
Review Panel	General & Plastic Surgery
Product Code	QGY
Premarket Review	Surgical and Infection Control Devices (OHT4) General Surgery Devices (DHT4A)
Submission Type	510(k)
Regulation Number	876.1500
Device Class	2

### **Device Classification – Class III Devices**

- FDA approval before commercial distribution
- Devices that:
  - Support human life;
  - Are of substantial importance in preventing impairment of human health; or
  - Present a potential, unreasonable risk of illness or injury

### Premarket Approval (PMA) EDA Home Medical Devices Databases Premarket approval (PMA) is the FDA process of scientific and regulatory review to evaluate the safety and effectiveness of Class III medical devices. Class III devices are those that support or sustain human life, are of substantial importance in preventing impairment of human health, or which present a potential, unreasonable risk of illness or injury. Learn more... Search Database Help 🕑 Download Files Product Code Applicant PMA Number Device Expedited Review $\sim$ to 🔢 12 Docket Number Decision Date Advisory Committee Cleared/Approved IVD Products Supplement Type $\sim$ Combination Products Decision Date (Descending) V Sort by Search Quick Search Clear Form

### Device Classification – Example Class III Device

Device	Optical Diagnostic Device For Melanoma Detection	
Definition	Intended in the detection of melanoma and high grade lesions among atypical lesions in order to rule-out melanoma.	
Physical State	Optical radiation.	
Technical Method	Use of visible and infrared optical radiation to generate images of targeted atypical lesions.	
Target Area	Atypical pigmented lesions	
Review Panel	General & Plastic Surgery	
Product Code	OYD	
Premarket Review	Surgical and Infection Control Devices (OHT4) General Surgery Devices (DHT4A)	
Submission Type	PMA	
Device Class	3	
Total Product Life Cycle (TPLC)	TPLC Product Code Report	
GMP Exempt?	No	

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## **Premarket Pathways**

Premarket approval (PMA)

510(k) clearance

De novo review

Exempt from premarket notification

Pre-1976, grandfathered device

# PMA

- By default, FDA classifies devices into the highest risk (i.e., Class III requiring PMA) if there is no existing classification regulation
- FDA assesses a PMA to determine whether the information provided by the sponsor provides a "reasonable assurance of safety and effectiveness"
- Applicant must provide "valid scientific evidence" of safety and effectiveness
  - Well-controlled investigations, partially controlled studies, studies and objective trials without matched controls
  - Well-documented case histories conducted by qualified experts
  - Reports of significant human experience with a marketed device
- Clinical data
- Filing fee: \$365,657 (FY 2021 user fee)

### **PMA Supplements**

• PMA supplement is required for a change affecting the safety or effectiveness of an approved device

PMA Supplement Type	Description
Prior approval (180 days)	<ul> <li>For significant changes that affect the safety and effectiveness of the device</li> <li>In-depth review and approval by FDA required before implementation of the change</li> </ul>
30-Day Notice	<ul> <li>Used for modifications to manufacturing procedures that affect the safety and effectiveness of the device</li> <li>Change may be made 30 days after FDA receives the notice, unless FDA informs the PMA holder that the notice is not adequate</li> </ul>
Changes Being Effected	<ul> <li>Can implement after FDA acknowledges receipt that submission qualifies for "CBE" supplement</li> </ul>
Annual Report	Certain changes not reported in PMA supplement

# 510(k) Clearance

- A 510(k) notification leads to "clearance," not approval, of the device
- Notification must be submitted to FDA 90 days before introducing device into commercial distribution
- Must wait for FDA to issue order that device is "substantially equivalent" to a predicate device
  - A predicate device is a device that was first marketed before May 28, 1976 or was marketed after May 28, 1976 but was found to substantially equivalent to a pre-1976 device
- Good FDA resource on 510(k) submissions: https://www.fda.gov/medical-devices/premarket-submissions/premarketnotification-510k

# Substantial Equivalence

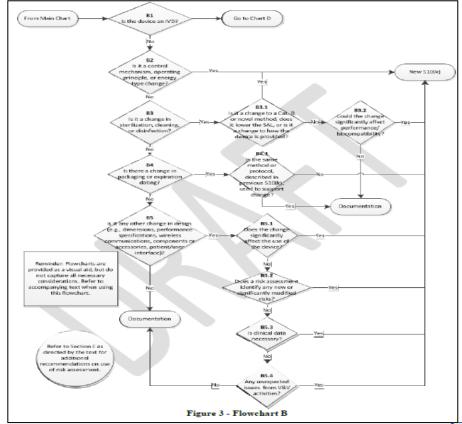
- A device is substantially equivalent if, in comparison to a predicate it:
  - has the same intended use as the predicate; and
  - has the same technological characteristics as the predicate;

### OR

- has the same intended use as the predicate; and
- has different technological characteristics and does not raise different questions of safety and effectiveness; and
- the information submitted to FDA demonstrates that the device is as safe and effective as the legally marketed device.
- Filing fee: \$12,432 (2021 user fee)

## **Device Modifications**

- Certain modifications to cleared devices require a new 510(k)
  - Reference FDA flow charts
- Must establish that the device has the same intended use as a legally marketed predicate device and
  - Has the same technological characteristics as the predicate device, <u>or</u>
  - Has different technological characteristics and the information submitted demonstrates that the device is as safe and effective as a legally marketed device, and does not raise different questions of safety and effectiveness than the predicate device



# **De Novo Review**

- Suited to low-risk, novel devices like digital health products where there is no
  predicate device
- Permits FDA to "down classify" a novel device from the default class III designation, if:
  - The device is low to moderate risk and
  - General controls, in combination with special controls (if required), are sufficient to provide a reasonable assurance of safety and effectiveness
- Devices that are classified through the *de novo* process may be used as predicates for future 510(k) submissions
- Filing fee: \$109,697 (2021 user fee)

## De Novo Example

#### DEPARTMENT OF HEALTH & HUMAN SERVICES

Public Health Service

Food and Drug Administration 10903 New Hampshire Avenue Document Control Center - WO66-G609 Silver Spring, MD 20993-0002

#### 23andMe, Inc. % Ms. Lisa Charter

Director, Regulatory Affairs and Quality Assurance 899 West Evelyn Avenue Mountain View, CA 94041

#### Re: DEN160026

23andMe Personal Genome Service (PGS) Test Evaluation of Automatic Class III Designation – De N Regulation Number: 21 CFR 866.5950 Regulation Name: Genetic Health Risk Assessment S Regulatory Classification: Class II Product Code: PTA Dated: June 24, 2016 Received: June 28, 2016

Dear Ms. Charter:

The Center for Devices and Radiological Health (CDRH) of (FDA) has completed its review of your *de novo* request for of Genome Service (PGS) Test. The 23andMe Personal Genome use as follows:

### EVALUATION OF AUTOMATIC CLASS III DESIGNATION FOR

The 23andMe Personal Genome Service (PGS) Genetic Health Risk Test for Hereditary Thrombophilia, Alpha-1 Antitrypsin Deficiency, Alzheimer's Disease, Parkinson's Disease, Gaucher Disease Type 1, Factor XI Deficiency, Celiac Disease, G6PD Deficiency, Hereditary Hemochromatosis and Early-Onset Primary Dystonia

### DECISION SUMMARY

Correction Date: May 2, 2017 This Decision Summary contains corrections to the April 6, 2017 Decision Summary

### A. DEN Number:

DEN160026

### B. Purpose for Submission:

De Novo request for the 23andMe Personal Genome Service (PGS) G for Hereditary Thrombophilia, Alpha-1 Antitrypsin Deficiency, Alzhe Parkinson's Disease, Gaucher Disease Type 1, Factor XI Deficiency, Deficiency, Hereditary Hemochromatosis and Early-Onset Primary D

#### C. Measurands:

Genomic DNA obtained from a human saliva sample

J. Substantial Equivalence Information:

1. Predicate device name:

No predicate device exists.

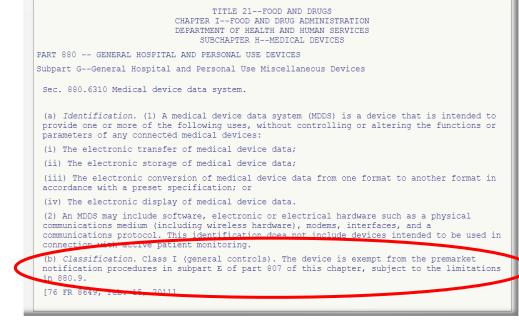
Predicate 510(k) number:

Not applicable.

Comparison with predicate:

# **Exempt Devices**

- Exempt devices do not require any premarket submission
- But, general controls still apply:
  - Facility registration
  - Product listing
  - Recalls, corrections, removals
  - MDRs
  - Labeling
  - Adulteration and misbranding provisions
- Note the "8XX.9" limitation



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# **Q-Sub Process**

- Informal way to engage FDA, prior to submitting an application
  - Voluntary
- Opportunity to obtain FDA feedback on specific questions
  - New technology, or where classification is unclear
  - Proposal for performance testing, planned clinical studies
- Requires a written package
- Requestors may request a face-to-face meeting or teleconference (pre-pandemic)
- FDA review team provides written feedback in 70 days (pre-pandemic)

### Benefits:

- Plan studies with acceptable endpoints
- Potentially shorter application review time
- Potentially smoother review process

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### **CDRH Management Directory by Organization | FDA**

Division of Digital Health		
Division Director	Bakul Patel	301-796-5528
Deputy Division Director	Brendan O'Leary	301-796-5528
Chief Medical Officer for Digital Health Center For Excellence	Matthew Diamond, M.D., Ph.D	301-796-5386
Assistant Director for Digital Health Policy Leadership and Development	<u>Sonja Fulmer</u>	240-402-5979
Assistant Director for Emerging Digital Health Technology Assessment and Strategy	Vacant	
Supervisor for Digital Health Center of Excellence	Anindita Saha	301-796-2537

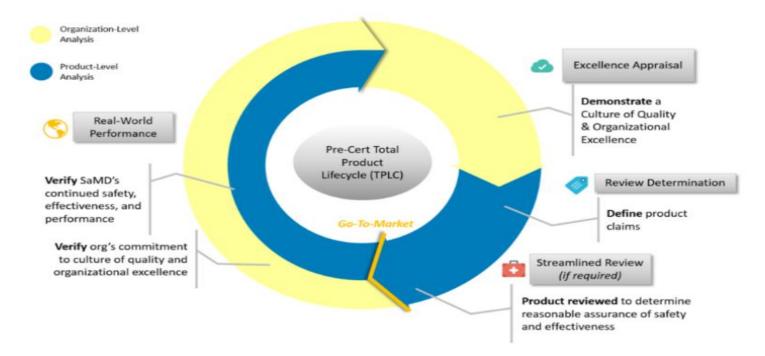
## **Current Initiatives**

- 1. 21<sup>st</sup> Century Cures Act (2016)
  - Exempted certain software from the definition of "device" (*e.g.*, clinical decision support or CDS)
  - FDA has updated guidance to reflect the new law
- 2. Cybersecurity has become a more significant consideration during review
- 3. Al and machine learning still figuring it out
- 4. Software pre-certification program
  - Streamlined model for software developers with demonstrated quality culture



## Current Agency Initiatives – Pre-Cert Program

### Proposed Key Components of a Future Pre-Cert Program:



Source: https://www.fda.gov/medical-devices/digital-health/digital-health-software-precertification-pre-cert-program#program

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## Investigational Device Exemption

- If a firm is studying a digital health product, it is important to consider whether IDE regulatory requirements might apply (21 CFR Part 812)
- "Significant risk" IDE approval
- "Nonsignificant risk IRB approval
- IDE regulations exempt certain studies (e.g., consumer preference)

## **User Fees / Timelines**

- User fees for various filings adjust annually – available on FDA's web site
  - REMEMBER: Small business exemption can take up to 6 weeks to obtain
  - Don't forget to apply well in advance of filing!
  - Must be renewed every fiscal year (10/1)

## **User Fees / Timelines**

FDA review cycle timelines
 -510(k) – 90 days
 -De novo – 150 days
 -PMA – 180 days

# **Combination Product Definition**

- Definition of combination product, 21 CFR 3.2(e)
  - Two or more regulated components
    - Combined in a single physical or chemical entity or
    - Placed in a single package or unit

# **Combination Product Definition**

- Definition of combination product
  - A single component packaged separately and labeled for use with an approved "individually specified" component
    - Where both are required to achieve effect and
    - Labeling of approved product would need to be changed

# **Primary Mode of Action**

- Mode of action is means by which product achieves a therapeutic effect or action (21 CFR 3.2(k))
- Primary mode of action is the single mode of action of a combination product that provides the most important therapeutic action (i.e., expected to make the greatest contribution to the overall intended therapeutic effect of the combination product) (21 CFR 3.2(m))

# **Primary Mode of Action**

- If no primary mode of action can be determined, primary jurisdiction is assigned to Center that regulates other combination products that present similar questions of safety and effectiveness
- If no other combination product presents similar questions of safety and effectiveness, then assignment will be to Center with the most expertise related to the most significant safety and effectiveness questions presented by the combination product

## **Unique Considerations for Pharma**

- Software can be:
  - companion product
  - compliance aid
- First step is to analyze classification:
  - Is it a combination product or a stand-alone device? Not regulated by FDA under Cures?
  - Companion diagnostic "information that is essential for the safe and effective use of a corresponding drug or biological product" –
    - Typically requires separate device approval, usually a PMA (clinical studies in drug center)

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### Wireless Connection to Tablets / Phones

DEPARTMENT OF HEALTH AND HUMAN SERVICES Food and Drug Administration Indications for Use		Form Approved: OMB No. 0910-0120 Expiration Date: 06/30/2020 See PRA Statement below.	
510(k) Number ( <i>if known</i> ) K181672 Device Name SureTouch Mobile Pressure Mapping System			
The SureTouch Mobile Pressure Mapping System is intended to p documenting palpable breast lesions identified during a clinical b Mapping System is intended for use by a qualified healthcare pro The SureTouch that produces a document lesion battery-powered sensing element using the wand tactile images at includes a tactile System also inc		tion: Mobile Pressure Mapping System (" pressure map, called a tactile image, on s detected during a clinical breast exist hand-held wand (sensor unit) that in ts to collect tactile data as the device in are wirelessly transferred to the tablet nd provide information on a lesion's s e image of each lesion along with its	tem (DEN020001). This predicate device SureTouch") is a computer-based device of specific areas of the breast as an aid to am. SureTouch utilizes a rechargeable, corporates a 30 x 40 mm array of pressure is moved across the breast. Data collected t display where they are used to generate size, shape and hardness. The final report user inputted location. The SureTouch om, a scale to ensure correct force applied and.

### Wireless Connection to Tablets / Phones

DEPARTMENT OF HEALTH AND HUMAN SERVICE Food and Drug Administration Indications for Use	ES	Form Approved: OMB No. 0910-0120 Expiration Date: 06/30/2020 See PRA Statement below.	
510(k) Number ( <i>if known</i> ) K181672 Device Name SureTouch Mobile Pressure Mapping System			
The SureTouch Mobile Pressure Mapping System is intended to p documenting palpable breast lesions identified during a clinical by Mapping System is intended for use by a qualified healthcare prot The SureTouch that produces a document lesion battery-powered sensing element using the wand a tactile images at includes a tactile System also includes a tactile		tion: Mobile Pressure Mapping System (" pressure map, called a tactile image, as detected during a clinical breast ex d hand-held wand (sensor unit) that in ts to collect tactile data as the device are wirelessly transferred to the table and provide information on a lesion's e image of each lesion along with its	SureTouch") is a computer-based device of specific areas of the breast as an aid to tam. SureTouch utilizes a rechargeable, neorporates a 30 x 40 mm array of pressure is moved across the breast. Data collected et display where they are used to generate size, shape and hardness. The final report user inputted location. The SureTouch tom, a scale to ensure correct force applied and.

## Digital Health Examples – Mobile Apps

DEPARTMENT OF HEALTH AND HUMAN SERVICES	Form Approved: OMB No. 0910-0120
Food and Drug Administration	Expiration Date: January 31, 2017
Indications for Use	See PRA Statement below.
510(k) Number (if known)	

D.

### K162647

Device Name NuVasive® NuvaLine™ Mobile App

### Indications for Use (Describe)

The NuVasive® NuvaLine<sup>™</sup> Mobile App is a medical d professionals in capturing, measuring, and storing spinal care. The device allows the healthcare professional to co images by featuring measurement tools on their mobile d

### **Device Description**

The *NuVasive NuvaLine Mobile App* is a medical device software used to measure spinal pelvic and cervical parameters from an image of patient's x-rays taken with the device's camera. These measured parameters provide a quantifiable way to assess a patient's spinal deformity and correction correlated to health related quality of life (HRQOL) scores.

### E. Indications for Use

The *NuVasive NuvaLine Mobile App* is a medical device software mobile application intended to assist healthcare professionals in capturing, measuring, and storing spinal alignment assessment images at various time points in patient care. The device allows the healthcare professional to conveniently perform and review spinal alignment assessments of images by featuring measurement tools on their mobile device.

## Digital Health Examples – Mobile Apps

DEPARTMENT OF HEALTH AND HUMAN SERVICES	Form Approved: OMB No. 0910-0120
Food and Drug Administration	Expiration Date: January 31, 2017
Indications for Use	See PRA Statement below.

510(k) Number (if known)

### K162647

Device Name NuVasive® NuvaLine™ Mobile App

Indications for Use (Describe)

The NuVasive® NuvaLine<sup>™</sup> Mobile App is a medical device software mobile application intended to assist healthcare professionals in capturing, measuring, and storing spinal alignment assessment images at various time points in patient care. The device allows the healthcare professional to conveniently perform and review spinal alignment assessments of images by featuring measurement tools on their mobile device.

K173232

lication Model APP1001 is as follows:

The myMerlin<sup>TM</sup> mobile application Model APP1001 is an application for patients who are implanted with the Confirm Rx<sup>TM</sup> Insertable Cardiac Monitor (ICM) Model DM3500 (K163407). The mobile application is used by patients to initiate recording of the heart's electrical activity by the Confirm Rx<sup>TM</sup> ICM device, read the information about the heart's activity from the Confirm Rx<sup>TM</sup> ICM device, and send this information to a clinician for remote monitoring. The myMerlin<sup>TM</sup> mobile application Model APP1001 is to be installed on a patient's mobile device with the iOS operating system which meets the specified minimum criteria for compatibility with the myMerlin<sup>TM</sup> mobile application.

## Digital Health Examples – Post Cures Act

DEPARTMENT OF HEALTH AND HUMAN SERVICES Food and Drug Administration

### Indications for Use

Form Approved: OMB No. 0910-0120 Expiration Date: January 31, 2017 See PRA Statement below.

510(k) Number (if known) K150078

**Device Name** 

PowerDot® PD-01 Muscle Stimulator (with PowerDot® Mo

Indications for Use (Describe)

The PowerDot PD-01 device, used with PowerDot Mob in order to improve or facilitate muscle performance.

The PowerDot PD-01 device and PowerDot Mobile Ap treatment diseases of medical or medical conditions of a

### 5.5 Device Description:

PowerDot PD-01 Muscle Stimulator is a battery-powered neuromuscular stimulator intended to stimulate healthy muscles in order to improve or facilitate muscle performance and, with that regard, may be considered a technique or method for muscle training.

PowerDot PD-01 device is designed to be used together with PowerDot Mobile Application.

PowerDot PD-01 device uses Bluetooth<sup>™</sup> Low Energy (Bluetooth 4.0, Class II) wireless radio frequency protocol for communication with supported range of mobile devices (such as smartphones and/or tablets) via PowerDot Mobile Application.

Accessories include lead cables of 2 different lengths, USB charging cable, 2 types of hydrogel-based self-adhesive electrode pads and carrying case.